

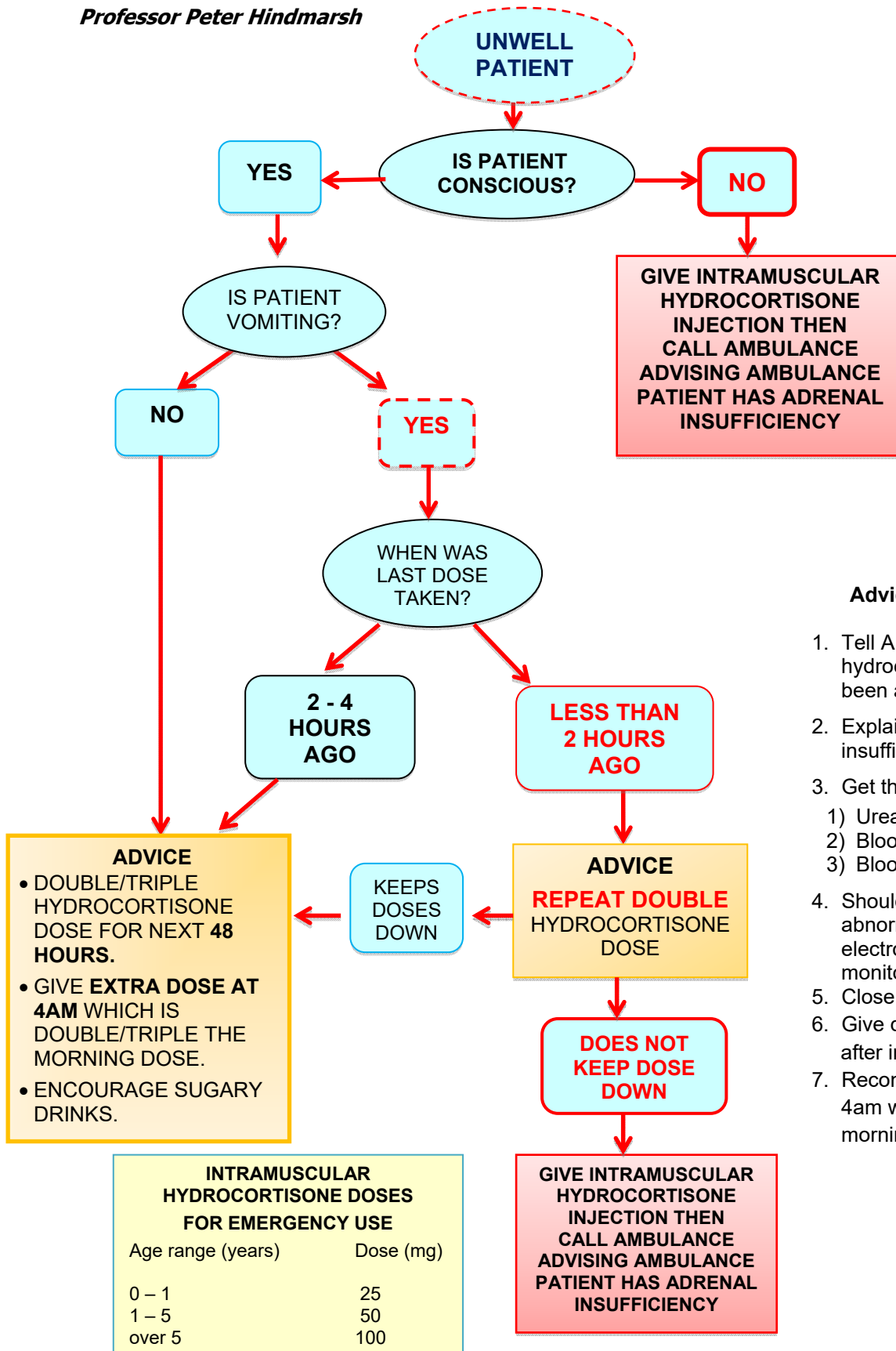


ADRENAL HYPOPLASIA CONGENITA (AHC)

(Congenital Adrenal Hypoplasia)

Adrenal Hypoplasia Congenita

Professor Peter Hindmarsh



Advice for going to A&E

1. Tell A &E staff that emergency hydrocortisone has already been administered.
2. Explain child has adrenal insufficiency.
3. Get the following measured:-
 - 1) Urea and electrolytes.
 - 2) Blood glucose concentration.
 - 3) Blood Pressure.
4. Should any of these levels be abnormal admit for glucose, electrolyte and blood pressure monitoring.
5. Close monitoring for 6 hours.
6. Give double dose 4 hours after injection.
7. Recommend an extra dose at 4am which is double/triple the morning dose.

INTRAMUSCULAR HYDROCORTISONE DOSES FOR EMERGENCY USE	
Age range (years)	Dose (mg)
0 – 1	25
1 – 5	50
over 5	100

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"The ideas expressed are independent of the authors' affiliations. Data provided is from current literature and should always be discussed with your endocrinologist first"